

# GRIFFINS YOUTH HOCKEY CAMP



GRAND RAPIDS

**\$400  
PER CHILD**

Includes camp jersey,  
hat, and  
daily lunch

**JULY  
20-24  
FOR AGES 6-14**

LEARN HOCKEY • SPORTSMANSHIP  
**HAVE FUN!**



## INSTRUCTION

Skating - "Your Foundation"  
Stride development  
Stick handling  
Balance & proper form  
Forward & backward strides

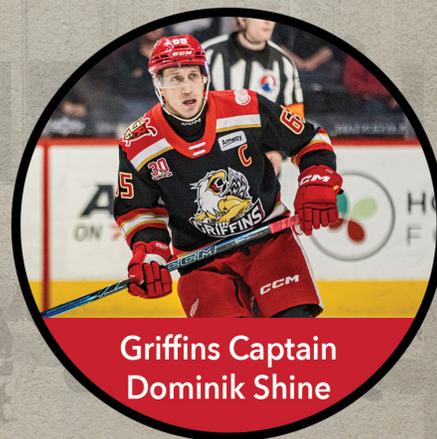
Shooting & passing  
Explosive starts & stops  
Cross-overs  
Tight turning  
Flow drills

## CAMP FORMAT

9:00 - 10:00 a.m.  
10:15 - 11:15 a.m.  
11:30 AM - Noon  
12:15 - 1:15 p.m.  
1:30 - 2:30 p.m.  
Morning On-Ice Sessions  
Afternoon On-Ice Sessions  
Friday afternoon

Group A on the ice & Group B off ice  
Group B on the ice & Group A off ice  
Lunch  
Group A on the ice & Group B off ice  
Group B on the ice & Group A off ice  
Power Skating  
Skills  
BIG Game for the Stanley Cone

## LEAD INSTRUCTOR



Griffins Captain  
Dominik Shine

**LUNCHE PROVIDED BY:**



- 10 hours of ice time, 10 hours of dry-land fun & video
- Locker room provided to leave equipment for the week
- Separate groups by age and skill level
- Lunches provided by popular local eateries:  
(McDonald's, Chick-fil-A, Buffalo Wild Wings, Little Caesars, Arby's)



CHILD'S NAME: \_\_\_\_\_

PARENT'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAYTIME PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PREFERRED POSITION: (circle one) Forward Defense Goalie

GENDER: M F AGE (at time of camp): \_\_\_\_\_

JERSEY SIZE: YM Y-L / XL AS AM AL AXL

**CHECKS SHOULD BE MADE PAYABLE TO:**  
GRAND RAPIDS GRIFFINS | Camp Fee: \$400 per child

**MAIL REGISTRATION FORM & CHECK TO:**  
Grand Rapids Griffins Youth Hockey Camp  
130 Fulton St. W, Suite 111, Grand Rapids, MI 49503



**QUESTIONS?**  
Contact Bob Kaser at 616.550.9248 or Kelly Pawlak 616.774.4585 ext. 3025  
kpawlak@griffinshockey.com

**LIABILITY WAIVER:**  
The Participant or his or her legal guardian agrees The Grand Rapids Griffins, DP Fox Sports & Entertainment and Griff's IceHouse will not be liable for any accident or loss, however caused, and agrees to release the Proprietors and/or Skating Rink from any and all damages which may occur as a result of any such accident or loss.

**Signature of Parent or Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_